

**WESTMARK**  
MACH'S EINFACH!

# RECIPES



  
MADE IN GERMANY

### Ingredients for 1 portion:

- 100 g rolled oats
- 200 ml plant-based milk
- 100 g natural yoghurt
- 150 g berries



# OVERNIGHT OATS WITH BERRIES

### Preparation:

1. Put the rolled oats in the Westmark muesli cup and mix with the milk and yoghurt.
2. Wash the berries and pat them dry with a kitchen towel. Pour the berry mixture into the top, transparent compartment of the cup and screw the ring with the seal on top.
- 3 Finally, screw everything onto the bottom part of the cup and place it in the fridge.
4. The oat flakes soak overnight and are ready to enjoy the next morning!



# APPLE CRISPS AND ROASTED CASHEWS

## Ingredients:

- apples
- cinnamon
- brown cane sugar
- cashew nuts

### Preparation of apple crisps:

1. Pre-heat the oven to approx. 70°C.
2. Wash and core the apples, e.g. with a Westmark apple corer. Then cut into slices about 3-4 mm thick.
3. Place the apple slices individually on a baking tray lined with baking paper and leave to dry in the oven for about 3 hours.
4. Place the finished apple crisps in a bowl and mix with cinnamon and brown cane sugar.

### Preparation of cashews:

1. Heat a stainless steel pan (without fat) over a medium heat.
2. Add the cashews and toast lightly for a few minutes, turning regularly, until they turn golden - done!

TIP

The two snack variations are ideal for taking anywhere in the Westmark »Mini« pocket box!



## Ingredients for 1 portion:

- 2 slices of toast
- 4 lettuce leaves
- 1 tomato
- 2 slices of ham
- 2 slices of cheese
- 2 tbsp mayonnaise
- 1/2 tbsp mustard
- salt and pepper



# CLASSIC SANDWICH

## Preparation:

1. Mix the mayonnaise and mustard together in a small bowl and season with salt and pepper.
2. Wash the lettuce leaves and tomato thoroughly, dry and cut the tomato into equal slices.
3. Toast the bread and spread the sauce on one side.
4. Place the lettuce, ham, tomato and cheese on one of the slices and cover with the other slice of toast.
5. Secure the slices with a food stick so that the sandwich does not fall apart during transport.



### Ingredients for 1 portion:

50 g	berries, frozen
200 g	berries, fresh
1	sachet vanilla sugar
50 g	low-fat quark
50 g	curd cheese
½	tsp lemon juice
50 g	whipped cream



# CURD CHEESE CREAM

## WITH BERRY PURÉE

### Preparation:

1. Defrost and puree the frozen fruit. Mix the fruit puree with 1/2 sachet of vanilla sugar and set aside.
2. Place the curd cheese in a small bowl and mix with the remaining vanilla sugar and lemon juice. Whip the cream until stiff and carefully stir in.
3. Layer the curd cheese mixture alternately with the fruit purée in one compartment of the Westmark pocketbox „Maxi“ and fill the other with the washed, fresh berries.

The tasty little take-away snack is ready!



## Ingredients for 4 portions:

- 400 g potatoes
- 400 g leek
- 1 carrot
- approx. 300 ml stock
- 15 g blue cheese
- 10 g butter
- 25 ml cream
- pepper and nutmeg
- 3 slices of toast



# POTATO AND LEEK SOUP WITH CROUTONS



## Preparation:

1. Peel the potatoes and carrot and cut into pieces. Clean the leek and also cut into pieces.
2. Put a pan on and add the vegetables and butter to fry, stirring constantly until lightly browned. Deglaze with stock, grate in nutmeg and season with salt.
3. Simmer everything over a low heat for about 20 minutes until the vegetables are cooked.
4. Add the blue cheese and cream to the pan, remove from the heat and puree with a hand blender.
5. In the meantime, cut the toast into cubes, heat some butter in a pan and add the toast cubes. Fry until golden brown, turning constantly.
6. Allow the soup to cool, then pour it into the main compartment of the lunchpot and put the croutons in one of the separate compartments. Close everything tightly and take it to work.





# BUTTER- BISCUITS

## Ingredients:

- 125 g soft butter
- 125 g sugar
- 1 egg
- 1 pinch of salt
- 250 g flour
- 1 teaspoon of baking powder

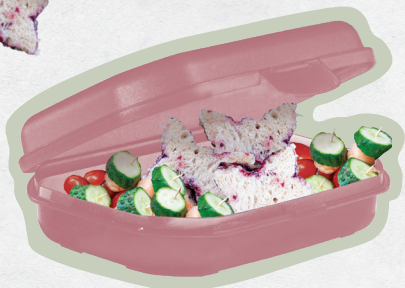
## Preparation:

1. Beat the butter, sugar, egg and salt with the whisk of a hand mixer until fluffy.
2. Mix the flour and baking powder and stir into the butter mixture.
3. Knead the dough briefly, shape into a dumpling and leave to rest in the fridge for approx. 1 hour, wrapped in cling film.
4. After the resting time, roll out the dough on a floured surface and cut out the motifs with cookie cutters.
5. Place the biscuits on a baking tray lined with baking paper and bake at 180°C top/bottom heat for approx. 10 minutes until the biscuits have reached the desired brown colour.
6. Leave to cool and then decorate the biscuits as desired.



## Ingredients for 1 portion:

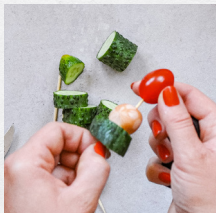
- 4 slices of bread
- 2 tbsp peanut butter
- 2 tbsp redcurrant jam
- mini cucumbers
- cocktail tomatoes
- e.g. sausage balls
- motif biscuit cutter



# KIDS-LUNCH PEANUT JELLY

## Preparation:

1. Spread peanut butter on two of the slices of bread and redcurrant jam on the other two. Fold the halves together to make sandwiches and cut out motifs using a biscuit cutter.
2. Wash the mini cucumbers and cocktail tomatoes and cut the cucumbers into slightly thicker slices. Skewer the cucumber slices alternately with the sausage balls and tomatoes on toothpicks.
3. Place the skewers in the lunchbox together with the peanut jelly sandwiches. A highlight during the break - for your child or for you too!





# FRIENDS, FOOD + FUN

NEW PRODUCT RANGE IN TRENDY PASTEL COLOURS

  
MADE IN GERMANY

Welcome to Westmark's new product range! Discover our lunchpots, muesli pots, snack and pocket boxes in trendy pastel colours - the perfect companions for on the go!  
**„Friends, Food + Fun“ is the motto of this collection.**

With our lunch pots, you have the option of transporting delicious meals in style. The practical muesli pots are ideal for a healthy breakfast on the go. Our snack and pocket boxes are perfect for taking your favourite snacks with you wherever you go.



Made in trendy pastel colours, our products perfectly match your modern lifestyle. Westmark stands for functional, durable products that enrich your everyday life.

Don't miss the opportunity to

organise your days as often as possible with friends, delicious food and lots of fun. Be part of the Westmark family and discover how easy it is to take healthy meals with you wherever you go.



## MUESLI POT

Art-No. 5285 226B/M/P  
700ml (500ml + 200ml)



## POCKETBOX »MINI«

Art-No. 5286 226B/M/P  
2x 200ml



## SNACKBOX »MINI«

Art-No. 2351 227B/M/P  
300ml



## LUNCHPOT

Art-No. 5287 226B/M/P  
1150ml (600ml + 200ml  
+ 350ml)



## POCKETBOX »MAXI«

Art-No. 5289 226B/M/P  
2x 350ml



## SNACKBOX »MAXI«

Art-No. 2352 227B/M/P  
935ml



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